



Simplicity Matters Earth Institute

www.simplicity-matters.org

YOUR MONEY OR YOUR LIFE (3rd ed, 2008) Circle Schedule

This sheet should be filled out at the first session of the 3rd (revised) edition of *Your Money or Your Life* discussion circle. Two volunteers are needed for each session: (1) **to offer an opening** and (2) to **facilitate the discussion**. The group may decide to implement action items, in which case a volunteer (3) **Note Taker** will keep track of what each person committed to doing.

Circle Coordinator, please ensure that each participant receives a copy of this sheet after it is filled in, and remind participants of their forthcoming roles as needed.

Circle Coordinator Name / Phone # / E-mail: _____

Mentor Name / Phone # / E-mail: _____

Location for future meetings: _____

Sessions	Date	Opening	Facilitator	Action Items
1. Making peace with the past		mentor	mentor	mentor
2. Being in the present— tracking your life energy				
3. Monthly tabulation				
4. Three questions that will transform your life				
5. Making life energy visible				
6. Valuing your life energy— minimizing spending				
7. Valuing your life energy— maximizing income				
8. Capital and crossover point				
9. Managing your finances				
10. Wrap-Up *		n/a	mentor	

* In this session participants evaluate the circle experience, and decide what they will do next. To evaluation forms are filled out by participants and collected by a SMEI volunteer. This session can be held at a different location (e.g., a public park) and may involve sharing food (e.g. potluck meal or dessert).