

EVALUATION

PART 1. PLEASE FILL OUT WEEKLY, while your thoughts and opinions are fresh in your mind. We suggest removing this page to use as a bookmark as you read through the course. Rate the five sessions. You may also complete an online evaluation at www.nwei.org on the “Voluntary Simplicity” page.

	POOR CHOICE	EXCELLENT	COMMENTS:
1. The Meaning of Simplicity	1	2 3 4 5	
2. Living More With Less	1	2 3 4 5	
3. Making a Living	1	2 3 4 5	
4. Do You Have the Time?	1	2 3 4 5	
5. Living Simply on Earth	1	2 3 4 5	

Were the following resources helpful? Circle “Y” if we should use the resource next time or “N” if we should look for better material. Leave blank if you didn’t use it or have no opinion.

	COMMENTS:
1 “Living Deeply”	Y N
“The Simple Living Wheel”	Y N
“The Gospel of Consumption”.....	Y N
“Take Your Time”	Y N
“Do High-Consumption Levels Improve Human Well-Being?”.....	Y N
2 “When It’s All Too Much”	Y N
“Stepping Lightly”.....	Y N
“Homemade Prosperity”	Y N
“Do It Yourself! The DIY Movement”.....	Y N
“Attached to Technology and Paying a Price”.....	Y N
“When Enough is Enough”	Y N
“Teachings of World Religions on Consumption”	Y N
3 “Work: The Benefits of Working Less Hard”.....	Y N
“Crafting a New World: An Interview with Richard Sennett”.....	Y N
“Economy and Pleasure”	Y N
“How to Make Work-Life Balance Work”	Y N
“What Is the Purpose of Work?”	Y N
“Slow Down and Explore Simplicity”.....	Y N
4 “Simplicity, Time, and Money”.....	Y N
“Caught in the Current”	Y N
“A Slow Media Movement”	Y N
“My Antidote to Overwhelm”	Y N
“I Need a Virtual Break... No, Really”.....	Y N
“Washing the Dishes” by Thich Nhat Hanh.....	Y N

- 5 "Small Wonder"..... Y N
- "One Garbage Wonder" Y N
- "Conservation is Good Work" Y N
- "Living Simply and Strengthening Community" Y N
- "Cool Lifestyle for a Hot Planet" Y N

If you had an Earth Institute volunteer mentor your first session, they will collect evaluations at the final session. If not, please send your completed evaluation to NWEI, 107 SE Washington Street, Suite 235, Portland, OR 97214. Thank you for your participation!

PART 2. PLEASE COMPLETE AT THE END OF COURSE.

Has the course made a difference in your life? Yes No Please describe what actions you are taking or you plan to take in response to this course. _____

Please list other articles, books or other resources that should be included in the course. Identify chapter(s)/page(s) and the session where they should be included. _____

Is the Action Plan a helpful tool for you? Why/why not? What would improve it? _____

Is the information "How to Start a Discussion Guide" on page 6 helpful? Why/why not? What would improve it? _____

What has been the most valuable aspect of this course? _____

